

# Clinically significant improvements in patient-reported outcomes (PROs) in patients with a generalized pustular psoriasis (GPP) flare treated with spesolimab

Alexander A. Navarini<sup>1</sup>, Manuelle Viguiet<sup>2</sup>, Tsen-Fang Tsai<sup>3</sup>, Akimichi Morita<sup>4</sup>, Jörg C. Prinz<sup>5</sup>, Ming Tang<sup>6</sup>, Mogana Sivalingam<sup>7</sup>, Christian Thoma<sup>8</sup>, Mark G. Lebwohl<sup>9</sup>

<sup>1</sup>Department of Dermatology, University Hospital Basel, Basel, Switzerland; <sup>2</sup>Department of Dermatology-Venereology, Hôpital Robert Debré, Reims, France; <sup>3</sup>Department of Dermatology, National Taiwan University Hospital and National Taiwan University College of Medicine, Taipei, Taiwan; <sup>4</sup>Department of Geriatric and Environmental Dermatology, Nagoya City University Graduate School of Medical Sciences, Nagoya, Japan; <sup>5</sup>Department of Dermatology and Allergy, Ludwig-Maximilian-University Munich, Munich, Germany; <sup>6</sup>Boehringer Ingelheim (China) Investment Co., Ltd, Shanghai, China; <sup>7</sup>Boehringer Ingelheim International GmbH, Ingelheim, Germany; <sup>8</sup>Boehringer Ingelheim International GmbH, Biberach, Germany; <sup>9</sup>Icahn School of Medicine at Mount Sinai, New York, NY, USA

**In Effisayil 1, patients with a GPP flare who were treated with IV spesolimab 900 mg had clinically significant improvements from baseline, as assessed by MCIDs, in the PROs of pain, fatigue, overall QoL, and cutaneous symptoms**

## PURPOSE

To determine the impact of spesolimab on the achievement of MCIDs in PROs for patients with a GPP flare in the Effisayil 1 study.

## INTRODUCTION

- GPP is a rare and potentially life-threatening skin disease characterized by recurrent flares of sterile, visible pustules, that can occur with or without systemic inflammation<sup>1-3</sup>
- In the multicenter, randomized, double-blind, placebo-controlled Effisayil 1 study (NCT03782792) in patients presenting with a GPP flare, treatment with spesolimab, an anti-IL-36 receptor antibody, led to rapid pustular and skin clearance within 1 week compared with placebo<sup>4</sup>
  - Primary endpoint (GPPGA pustulation subscore of 0; no visible pustules): 54% vs 6% (one-sided p<0.001)
  - Key secondary endpoint (GPPGA total score of 0 or 1; clear or almost clear skin): 43% vs 11% (one-sided p=0.0118)
- Symptoms of GPP flares can be severe, and include pain, itching, and fatigue that can impact overall patient QoL<sup>5,6</sup>
- Here, we assess the proportion of patients in Effisayil 1 who achieved pre-defined MCIDs in pain VAS, FACIT-Fatigue, DLQI, and PSS, after treatment with IV spesolimab 900 mg

## CONCLUSIONS

- In Effisayil 1, patients who received spesolimab treatment for GPP flares achieved clinically significant improvements from baseline in the PROs of pain, fatigue, overall QoL, and cutaneous symptoms
- Patients in the placebo arm demonstrated similar improvements in all PROs to patients in the spesolimab arm after receiving an optional dose of OL IV spesolimab 900 mg at Day 8
- These results support the use of spesolimab for the treatment of patients with a GPP flare

## METHODS

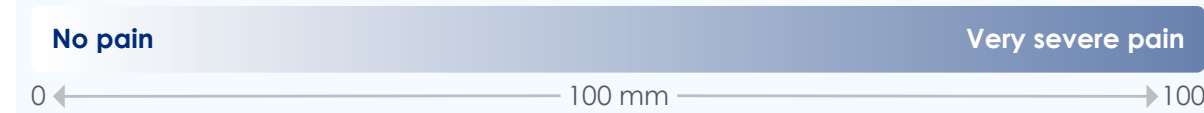
- All four PROs were measured on Day 1, Day 8, and Weeks 2-4, 8, and 12 to monitor changes in these outcomes over time. PSS scores were also measured on Day 2 and Day 3
- Scan the QR code at the bottom of this poster to see full details of the Effisayil 1 study design<sup>4,11</sup>

## RESULTS

### PRO survey multiple-choice answers, their corresponding scores, and definitions of MCIDs

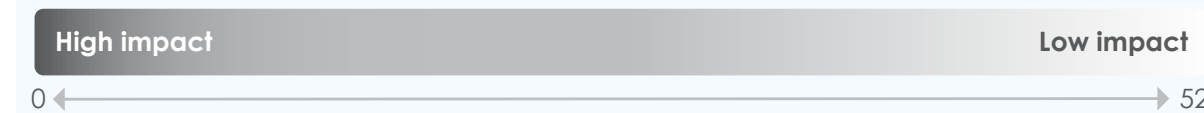
#### Pain VAS

- Measures intensity of pain
- Score is determined by measuring the distance (mm) on the 100 mm line between the 'no pain' anchor and the patient's mark, with a higher score indicating greater pain intensity
- MCID defined as a 30-point decrease from baseline<sup>9</sup>
- Recall period: current pain



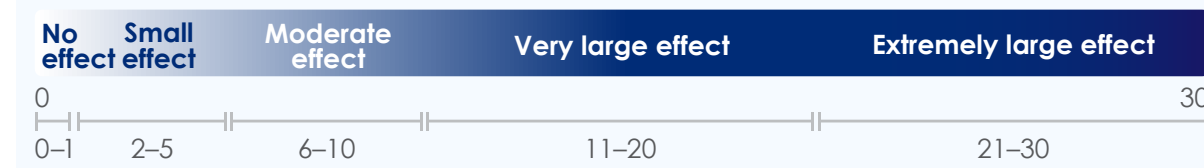
#### FACIT-Fatigue

- 13-item questionnaire
- Measures self-reported fatigue and its impact on daily activities and function
- Each answer is based on a 5-point scale; when totalled gives a score range of 0-52
- MCID defined as a 4-point improvement from baseline<sup>9</sup>
- Recall period: 1 week



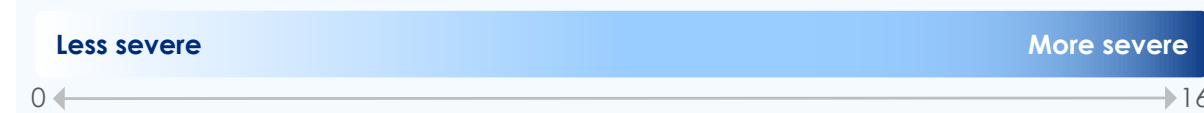
#### DLQI

- 10-item questionnaire
- Assesses six domains of QoL: symptoms and feelings, daily activities, leisure, work and school, personal relationships, and treatment
- Calculated by summing the scores of each question, resulting in a total score range of 0-30
- MCID defined as a 4-point decrease from baseline<sup>9</sup>
- Recall period: 1 week



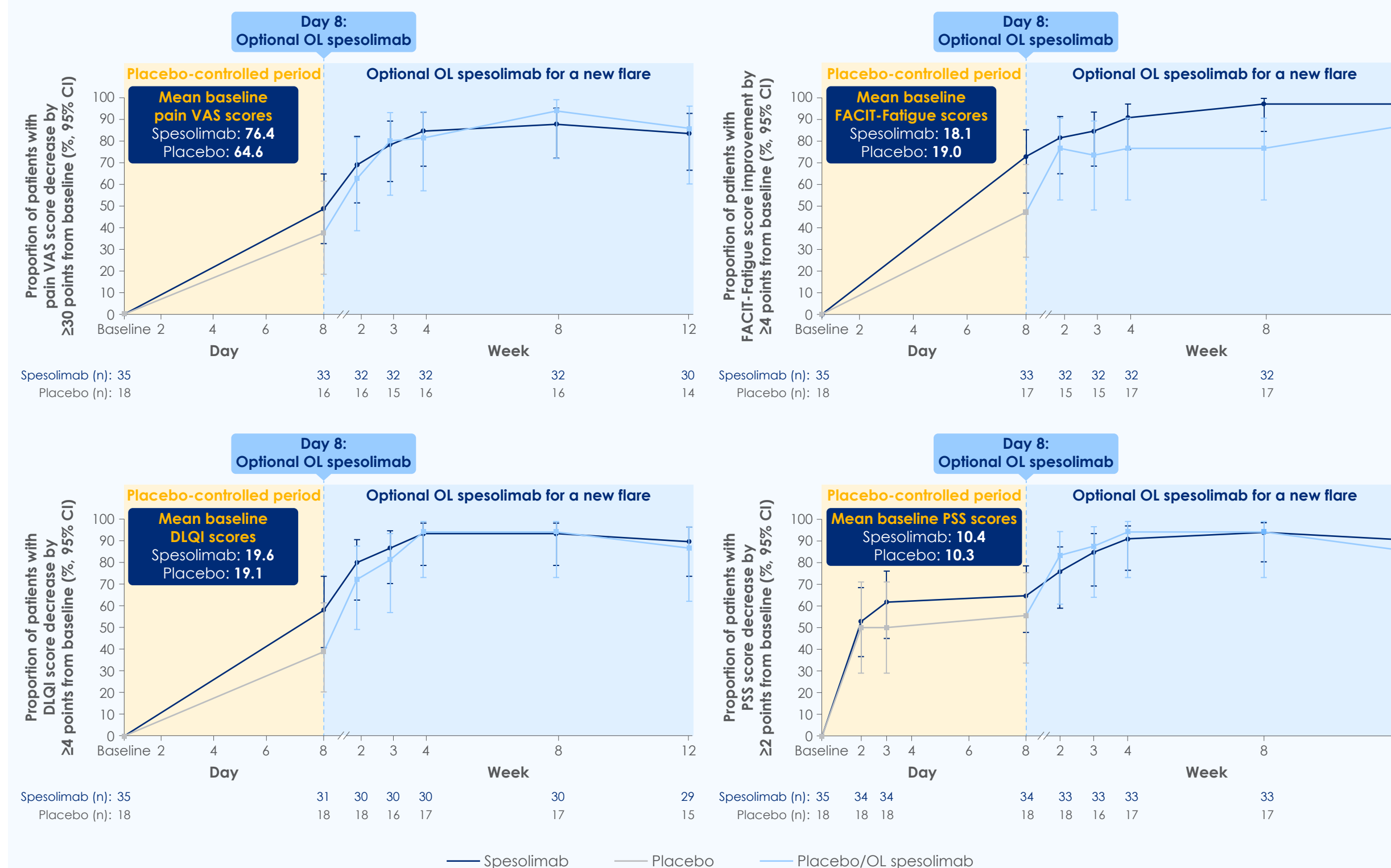
#### PSS

- 4-item questionnaire
- Measures severity of pain, redness, itching, and burning
- Symptom severity assessed using a 5-point scale ranging from 0 (none) to 4 (very severe); when totalled gives a score range of 0-16
- MCID defined as a 2-point decrease from baseline<sup>10</sup>
- Recall period: 24 hours



High total PRO scores indicate a large impairment or intense severity, except for FACIT-Fatigue, for which a higher score represents less fatigue. MCIDs are defined based on the literature

### Proportion of patients who showed a clinically significant improvement in pain VAS, FACIT-Fatigue, DLQI, and PSS from baseline over time



ITT: Data are all observed cases regardless of use of any other medication for GPP or any additional dose of spesolimab. At Day 8, 12 patients randomized to spesolimab and 15 patients randomized to placebo received OL spesolimab. After Day 8, 4 patients in the spesolimab arm and 2 patients in the placebo arm received spesolimab for a new flare.

Proportion of patients achieving MCIDs from baseline over time. After optional administration of OL spesolimab at Day 8, patients in the placebo arm showed similar improvements in PROs to patients who received spesolimab at baseline

**Abbreviations**  
 CI, confidence interval; DLQI, Dermatology Life Quality Index; FACIT-Fatigue, Functional Assessment of Chronic Illness Therapy - Fatigue; FDA, US Food and Drug Administration; GPP, generalized pustular psoriasis; GPPGA, Generalized Pustular Psoriasis Physician Global Assessment; IL-36, interleukin-36; ITT, intention-to-treat; IV, intravenous; MCID, minimal clinically important difference; OL, open label; pain VAS, pain visual analog scale; PRO, patient-reported outcome; PSS, Psoriasis Symptom Scale; QoL, quality of life.

**References**  
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